

DR. BAHAR NIA

BUCKHEAD COSMETIC & FAMILY
DENTISTRY (BUCKHEAD DENTISTRY)

FOUNDER & CLINICAL DIRECTOR

Dr. Bahar Nia, who was born in The Philippines and raised in Iran until she was 18, remembers her father's dental practice fondly. "His practice was very relational, and I saw the impact he had in the community," she says. As her career started, she carried this with her, wanting to not only provide great dental care, but to "help people feel happier. I started to navigate further towards changing how people saw themselves through cosmetic procedures," she says.

When combined with her technical skills, Dr. Nia offers a one-two punch of great dental care and a caring personality. She's inspired by the knowledge that she can impact a patient's life positively. "When I start a conversation with a new patient, I have one goal—how can I help them to be the happiest, healthiest version of themselves?" She treats patients like family, with self-esteem and confidence the ultimate goal. "I love to be in the making people happy business, one smile at a time. It's continuing all the values etched in me since my childhood by my role models, my parents."

As a female in dentistry, Dr. Nia is proud that the acceptance ratio for women in the male-dominated field continues to rise, but also acknowledges that it can be tough for those who are running offices and homes, just like her. But her never-give-up attitude is what helps her be her best self. "I always wholeheartedly believe as I start a new day that I am embarking on a new opportunity. I strive to beat my yesterday and be better tomorrow."

"The best pieces of advice I have received are: to never compare yourself with anyone else; never give up; and never let your differences, such as a language barrier, become your limiting factor. Make it what sets you apart from others," she says. She laughs, "I tell my patients if you need me to repeat something, I can—and ironically, no one has ever asked me to repeat myself! That's the beauty of owning your limitations and embracing them as you move forward. I embody the American Dream."

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